



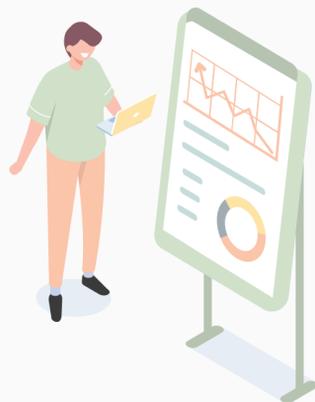
Your employee happiness plan

Use this 8-step employee happiness plan to create a more supportive, positive, open and productive culture in your workplace

1

Assess situation

Measure existing happiness levels using surveys and any available data. Where are you going wrong? What do staff think?



2

Prioritise and focus

Enlist employees dedicated to running campaigns to improve overall wellbeing and happiness in the workplace. E.g. Google employs a Chief Happiness Officer.

3

Be vocal and open

Alert staff to resources available to help them with health, wellbeing and happiness. This can include posters, infographics and articles to inform and inspire.



4

Improve environment

Are chairs and desks adequate? Does the technology work as it should? Is there enough space and light? Is the environment stimulating? Get in touch with a Posturite consultant to find out what can be done.

posturite.co.uk/consulting/fact-finding-survey



5

Social scene

Forming good relationships with colleagues is important. The best work gets done when there's clear communication and good bonds between people. Having a good social scene gives people a chance to get to know each other.



6

Invest in training

Make professional development a priority to create skilled, loyal, valued teams who want to stick around.

7

Define roles

Does everyone know what they're doing in the grand scheme of things? Organisations are networks and everyone has a part to play. Staff who can see what they're contributing to are more likely to feel happy in their roles.



8

Support

Create a supportive culture that gives staff space to be human - whatever they're going through in life. Happiness is subjective: it comes in waves, it's not always possible to control. Give staff the tools and resources to help them through so that they can do the best job they can.

What next?

We've been talking about the importance of workplace happiness since we first started making ergonomic products back in 1991. Find out how we can help you by visiting posturite.co.uk

